

# Substance Misuse & Mental Health Resources

<https://www.brevardprevention.org/> • Dial 211 • [www.myfloridamyfamily.com](http://www.myfloridamyfamily.com)

HOTLINES		FOR IMMEDIATE ASSISTANCE & HELP	
Help Line 24/7	Suicide Prevention Lifeline	Dial: 988	English: 800-273-8255 • Spanish: 800-628-9454 • TTY: 800-273-8255
Help Line 24/7	NAMI Mental Health Helpline & Crisis Text Line	Helpline: 800-950-6264	24/7 Crisis Text Line: Text NAMI to 741-741
Hotline 24/7 Parents/Youth	Family Support Warm Line <i>Children's Home Society</i>	888-733-6303	FREE mental health hotline available to ANYONE in Florida via call or text. This is for parents and teens feeling stressed and overwhelmed.
Hotline 24/7 Parents/Youth	Mobile Response Team (MRT): Brevard CARES	Brevard County 321-213-0315	Free on-demand and on-site crisis intervention to children and families. To Find one near you visit: <a href="http://www.myflfamilies.com/service-programs/samh/docs/maps/MRT.pdf">www.myflfamilies.com/service-programs/samh/docs/maps/MRT.pdf</a>
Hotline 24/7	The Parent Stress Line	800-632-8188	A helpline for parents who need to discuss issues related to their children.
	Veterans Crisis Hotline	800-273-8255	For veterans and their family members who are experiencing a crisis.
Help Line 24/7	Optum Public Crisis Line	866-342-6892	Emotional Support Help Line that is available to ANYONE, free of charge.
Help Line 24/7	Disaster Distress Hotline	800-985-5990	Immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster
Help Line 24/7 (LGBTQ)	The Trevor Project	866-488-7386	Provide suicide prevention & crisis intervention for LGBTQ. For online chat visit: <a href="https://www.thetrevorproject.org/get-help/">https://www.thetrevorproject.org/get-help/</a> or Text 'START' to 678-678
Help Line 24/7	211 Brevard	Dial 211 -OR- 321-632-6688	Info & Referral Line: Care Coordinator will telephonically assess needs then link with appropriate support services. For Substance related, Text 'OPIOID' to 898211
Help Line	Partnership To End Addiction	Text CONNECT to 55753	Helpline for anyone who is playing a supportive role in the life of a young person struggling with substance use. <a href="http://drugfree.org/get-support-now/">drugfree.org/get-support-now/</a>
Help Line 24/7	National Drug Helpline	844-289-0879	Provides resources for anyone dealing with addiction issues, including family members.
Help Line 24/7	SAMHSA's Nat. Helpline	800-662-4357 TTY: 800-487-4889	Treatment Referral Routing Service for individuals and family members facing mental and/or substance use disorders.
SUPPORTIVE SERVICES		Mental & Behavioral Health • Substance Misuse & Addiction	
Support Groups Adult / Youth	Peer Support Space <a href="http://peersupportspace.org/">peersupportspace.org/</a>	See Website	Peer-led recovery support communities of ALL kinds, navigating mental illness and/or substance misuse challenges, neurodivergence, disability, grief, trauma, and more.
Support Groups Adult / Youth	Positive Behavioral Solutions	321-972-4265	Provide a wide range of FREE support groups that are offered in person and virtual. To see a list of groups, visit: <a href="https://pbsfl.org/events">https://pbsfl.org/events</a> or <a href="https://pbsfl.org/">https://pbsfl.org/</a>
Support & Assistance	Project Noelle <a href="http://projectnoelle.com">projectnoelle.com</a>	321-305-4397	Support for youth & family who have been affected by the opioid epidemic. Offer support groups, emergency assistance w/ clothing & diapers, holiday support.
Peer Support	BRAVES Peer Network	321-302-5171	Peer Network for individuals who are in recovery from mental illness and substance use. <a href="http://bravespeernetwork.com/">http://bravespeernetwork.com/</a>
Support Group	Ben's Friends of Brevard	321-271-4839	A support group for members of the food and beverage industry who struggle with addiction and substance abuse. <a href="https://www.bensfriendshope.com/">https://www.bensfriendshope.com/</a>
Support Adults / Youth	Quest 180 <a href="http://Quest180.org">http://Quest180.org</a>	321-757-4673	Men & Women's Groups, Codependency Groups, and Parents' Groups for those seeking freedom from addiction. Open to anyone in recovery from any type of addiction.
Support Adult / Youth	Recovery Connections of Central Florida	407-RECOVER 407-(732-6837)	Offer peer-based recovery support services, recovery community activities, mutual aid groups, training, education, and advocacy. <a href="https://www.myrecoveryconnections.org/">https://www.myrecoveryconnections.org/</a>
Support Group Families	Peace Club	321-423-1212	Free Family Support Groups & Sobriety Coaching. <a href="https://peace.club/services">https://peace.club/services</a>
Support Groups Sober Transport	Beachside Recovery Interventions & Consult.	321-978-4041	Offers Free Peer Support Groups. We also Offer sober transport for both Adults and Adolescents. <a href="https://www.bricthestigma.com/programs">https://www.bricthestigma.com/programs</a>
Support Group Adult / Youth	Space Coast Al-Anon	321-544-7943	Help and support for family and friends of Alcoholics. <a href="http://spacecoast-al-anon.org/">spacecoast-al-anon.org/</a>
Support	RASE Project	321-305-4397	For pregnant women who need substance use interventions. <a href="http://www.raseproject.org">www.raseproject.org</a>
Career Services	Brevard Recovery Works	321-504-7600	Employment & Training services for anyone who has be directly or indirectly impacted by substance use or addiction.
Support & Assistance	Hospitality Life <a href="https://hospitalitylife.org">https://hospitalitylife.org</a>	321-271-4839	Recovery support services, financial literacy, positive alternative lifestyles and financial assistance applications for hospitality workers and their kids.
Rapid Rehousing Assistance	Eckerd Connects – Family Services	321-735-7249	Help w/ move-in assistance for families or individuals who have an identified history of substance use and are experiencing homelessness or are at risk of homelessness.
(NA) Meeting	Narcotics Anonymous	321-631-4357	<a href="https://www.spacecoastna.org/meetings/">https://www.spacecoastna.org/meetings/</a> or <a href="https://www.na.org/">https://www.na.org/</a>
(AA) Meeting	Brevard Intergroup	321-724-2247	<a href="http://www.aaspacecoast.info/">http://www.aaspacecoast.info/</a> or <a href="https://www.aa.org/pages/en_US">https://www.aa.org/pages/en_US</a>
Support	Lifetime Counseling Center	321-632-5792	Offer Peer Support & AA/NA meetings <a href="http://lccbrevard.org/change-your-life/">lccbrevard.org/change-your-life/</a>
Support	Tobacco Free Brevard	321-431-0412	Offers Tobacco Cessation Services
MENTAL & BEHAVIORAL HEALTH		Mental & Behavioral Health Counseling • Services	
(MM) Medication Management - (OP) Outpatient - (IOP) Intensive Outpatient - (PHP) Partial Hospitalization - (IP) Inpatient – Residential			
Available 24/7 Adults / Youth	Palm Point Behavioral Health	321-603-6550	Full continuum of care & accept Baker Act & Voluntary admissions. (IOP)- Youth & Adults. (PHP)- Ages 18 & up (IP)- Ages 5 and older. <a href="http://palmpointbehavioral.com/">palmpointbehavioral.com/</a>
Adults / Youth	Central Florida Behavioral Hospital	407-370-0111	Accept Baker Act & Voluntary admissions. Programs include co-occurring, psychotic & affective disorders. (IOP)- Teens. (IOP) & (PHP)- Adults
Adults / Youth	Lifetime Counseling Center <a href="https://www.lccbrevard.org/">https://www.lccbrevard.org/</a>	321-632-5792	(OP) Counseling, school-based counseling, court ordered mental health evaluations & psycho-educational testing, foster care/adoption counseling & parent support.

Adults / Youth	Positive Behavioral Solutions <a href="https://pbsfl.org/">https://pbsfl.org/</a>	321-972-4265	(OP) Individual/Family Therapy, Adoption Competent Counseling, and Psychosocial Rehabilitation services offered in home, school, community, office, and Telehealth.
Youth / Families	Angels for Kids & Families On-Call	407-730-7983	Individual & family therapy. Psycho-social rehabilitation (ages 9 & older). Psychological evaluations, Med Management & Case Management <a href="https://angelsforkidsoncall.net/">https://angelsforkidsoncall.net/</a>
Youth / Families	Children's Home Society	321-752-3170	Counseling services that can occur in-home, in-office or at child's school. Early Head Start program- children under 3 and pregnant women, including teens. Parent support.
Adults / Youth	IMPOWER <a href="http://impowerfl.org/">impowerfl.org/</a>	321-639-1224	(OP) Counseling, psychiatric service w/ (MM) via telehealth to youth, adults & families who are experiencing mental health, substance abuse, or behavioral health challenges.
Adults / Youth	True You Always	321-6138685	Offers mental health counseling & therapy services as well as Life Coaching. *Telehealth Available <a href="https://trueyoualways.com/">https://trueyoualways.com/</a>
Youth / Families	Kinder Consulting	321-433-1111	(OP) Behavioral therapy & analysis, psychotherapy & counseling, mental health consult & psychiatry, speech & occupational therapy, support groups.
Youth / Families	Crosswinds Youth Services	321-452-0800	Provides in-home or in-office counseling services for youth and their families. Juvenile Assessment Center & Civil Citation Services. <a href="http://crosswindseyouthservices.org/programs/">crosswindseyouthservices.org/programs/</a>
Youth	Devereux <a href="https://www.devereux.org/">https://www.devereux.org/</a>	407-745-0499	Provide mental health support, specialized services for sexually exploited youth & specialized services for youth with autism & mental/behavioral health challenges.
Families / Youth	Holding Hands Florida	321-622-6290	Provide counseling and therapy services to families and youth, psychosocial rehabilitation, targeted case management, parenting classes. <a href="http://holdinghandsflorida.com/">holdinghandsflorida.com/</a>
Adults / Youth	Circles of Care	(OP) 321-890-1550 (OS) 321-726-2860	(OP) Counseling, psychiatric evaluation & (MM) to adults and children. <b>Outreach Services(OS):</b> In-Home & On-Site behavioral counseling for children & their family.
Adults / Youth	Brevard Health Alliance <a href="http://brevardhealth.org/">brevardhealth.org/</a>	321-241-6800	Offers free to low-cost behavioral health services to established BHA patients. Uninsured patients are offered discounted fees based on income and family size.
Adults / Youth	Coastal Psychiatric Urgent Care	321-586-5444	(OP) services to individuals aged 4 and up who seek immediate mental health treatment and referrals. We also do (MM)... Medication visits are walk-in only.
Adults / Youth	Legacy Behavioral Health Center	321-256-8000	(OP) Psychological & psychiatric services, telehealth, therapeutic behavioral services, target case management & therapy. *New Brevard Location <a href="https://legacybhc.com/">https://legacybhc.com/</a>
Youth	Behavior Basics	321-425-3231	Provides applied behavior analysis and parent education services to children and families. <a href="http://behaviorbasicsinc.com/">behaviorbasicsinc.com/</a>
<b>SUBSTANCE MISUSE &amp; ADDICTION</b>		<b>Treatment • Recovery • Court Ordered • Dual Diagnosis Service (Mental Health + Addiction)</b>	
<b>(MAT) Medication Assisted Treatment - (OP) Outpatient - (IOP) Intensive Outpatient - (PHP) Partial Hospitalization - Detox - (IP) Inpatient / Residential</b>			
Adults IOP / PHP / MAT	JourneyPure <a href="http://journeypuremelbourne.com/">journeypuremelbourne.com/</a>	321-758-8885	<b>Dual diagnosis, (IOP) and (PHP) Programs available. (MAT) for stabilization from opioid use disorder, cravings &amp; withdrawal. Detox &amp; Recovery Housing</b>
Adults OP / MAT	Groups Recover Together <a href="https://joiningroups.com/">https://joiningroups.com/</a>	407-392-0849	Provide (OP) & (MAT) services for Opioid Use Disorder Addiction Treatment, group counseling, and assists with other services. <b>Services for Pregnant women</b> available.
Adults & Youth IOP / PHP / MAT	Peace Club <a href="https://peace.club/services">https://peace.club/services</a>	321-423-1212	<b>Adults- (OP) (IOP) and (PHP- Day Treatment) programs with (MAT). Youth ages 13-17 (IOP) program with criminal justice advocacy &amp; Interventions.</b>
Adults OP / IOP / IP	Space Coast Recovery <a href="http://spacecoastrecovery.com/">spacecoastrecovery.com/</a>	321-632-5958	(OP)- Anyone needing treatment from <b>criminal charges. (IOP)- Anyone court ordered</b> to treatment or cannot attend residential. <b>(Residential)-</b> For adult Males.
Adults OP / MAT	Bayside Recovery & Wellness Center	321-372-6897	(OP) and (MAT) services offered through various therapies to sustain recovery. <a href="http://baysiderecoverywellness.com/">baysiderecoverywellness.com/</a>
Adults / Youth OP	Beachside Recovery Interventions & Consult.	321-978-4041	(OP) services include outpatient therapy, psychiatric services, interventions, peer support, family coaching and sober transport. <a href="http://brichestigma.com/programs">brichestigma.com/programs</a>
Adults, Vets, 1st Responders	Transformations Treatment Center	321-794-0158	(OP) (IOP) (PHP) treatment programs, (MM), psychiatric services. Also have (IP/Residential) program & <b>Detox</b> services. <a href="http://transformationtreatment.center/">transformationtreatment.center/</a>
Adults OP / MAT	Central Fl Treatment Centers <a href="http://methadoneworks.net/">methadoneworks.net/</a>	321-567-4531	(MAT) services for opioid dependency (OP) services such as counseling, drug screening, assistance in medication tapering, Physician-monitored treatment.
Adults / Youth OP/MAT/CO	Lifetime Counseling Center	321-632-5792	(OP)- Include substance abuse counseling, MAT, peer support, AA/NA meetings as well as <b>court ordered</b> substance abuse evaluations. <a href="http://lccbrevard.org/change-your-life/">lccbrevard.org/change-your-life/</a>
Adults OP/Sober House	Safe Place Treatment Services, Corp.	321-208-6186	Substance use disorder evaluations. <b>Drug Screens.</b> Biopsychosocial assessments. Counseling. Referral & Mobile services. <b>Sober Living &amp; Group Home</b>
Youth IP- Residential	IMPOWER	321-639-1224	<b>(IP-Residential)- The Grove</b> is a voluntary residential program is available for youth 13-18 supports adolescents suffering from alcohol or substance abuse. <a href="http://impowerfl.org/">impowerfl.org/</a>
Adults IP/IOP	St Johns Recovery Place	833-397-3422	Melbourne Location offers (PHP) and (IOP) Programs for addiction and behavioral health conditions including dual diagnosis, drug addiction and alcoholism. <a href="http://sjrp.com/">sjrp.com/</a>
Adults, Youth OP/Court/Detox	Aspire <a href="http://aspirehealthpartners.com/">aspirehealthpartners.com/</a>	Brevard 407-875-3700	<b>(OP)Adults/youth-</b> Treatment & Counseling services, drug education, intervention, DUI classes & drug court programs. <b>(IP)Adults- DETOX.</b>
Adults, Youth, Pregnant	STEPS <a href="http://flsteps.org/">flsteps.org/</a>	321-637-7730	<b>(OP &amp; Day Treatment) Counseling Services Available &amp; (MAT). DUI Classes, Drug Court Programs, Intervention services. *Infant or small child may attend treatment with parent</b>
Adult Women & Pregnant	STEPS	407-884-2125	<b>(IP) Residential Program:</b> For women, pregnant women, and women with small children.
Adults / Youth IP / Detox	Circles of Care	321-722-5200	<b>Children's Crisis Unit: (IP) program &amp; Detox</b> services for substance abuse crisis situations affecting children and adolescents. <b>Twin Rivers: (IP) &amp; Detox</b> for Adults.
Adult / Male Recovery House	Atlantic Beach Sober Living	321-805-0311	We offer <b>Recovery Housing</b> for Adult Males. <a href="http://atlanticbeachsoberliving.com/house-info">atlanticbeachsoberliving.com/house-info</a>
Adults OP / MAT	RASE Project	321-305-4397	<b>The MARS Program:</b> The program assists individuals with Opioid Use Disorder, and who are being prescribed Buprenorphine/Suboxone. <a href="http://www.raseproject.org">www.raseproject.org</a>
Recovery House Adult Women	The Glass House	321-412-8223	Provides a safe and caring residential community to support long-term recovery. Space coast and central Fl locations available. <a href="http://theglasshouserecovery.com/">theglasshouserecovery.com/</a>
Adults	Banyan Center	407-583-9629	Provide addiction treatment programs and detox for a variety of substances.
Adults IP & Detox	University Behavioral Center	407-281-7000	Inpatient DETOX program & an addiction rehab program. <a href="http://universitybehavioral.com/">universitybehavioral.com/</a>